

CYNO\URE® LUTRONIC®

Hollywood Spectra Laser Post-Treatment Care Instructions

- Mild erythema (redness) and edema (swelling) may appear immediately following treatment and can persist for up to 2-3 days.
- The treated area may feel like a sunburn for a few hours post-treatment.
- Post-treatment cooling or the application of a cold compress may help alleviate any discomfort or pain.
- Keep the treated area hydrated with a gentle moisturizer.
- Avoid scrubbing, picking, or scratching the treated area to prevent irritation and potential scarring.
- Avoid cosmetics that contain active ingredients such as Retinol or AHA without prior permission from the provider.
- Normal skin care regimes, including- makeup, moisturizers, deodorant, and shaving may be resumed the day after treatment if there is no redness, blistering, or crusting present.
- To minimize the risk of hyperpigmentation, avoid sun exposure. Apply a broad-spectrum sunscreen with SPF 30 or higher at all times throughout the treatment series.
- Avoid exercising for the first week post-treatment or until initial healing has occurred. Increased redness may result from any activity that increases blood flow or body temperature (e.g., alcohol consumption, exercise, and sauna).
- **For treatment of tattoos**, keep the area clean and dry. Apply healing ointments (e.g. Aquaphor). Blistering or scabbing can occur- do not pop or pick; allow to heal naturally.